

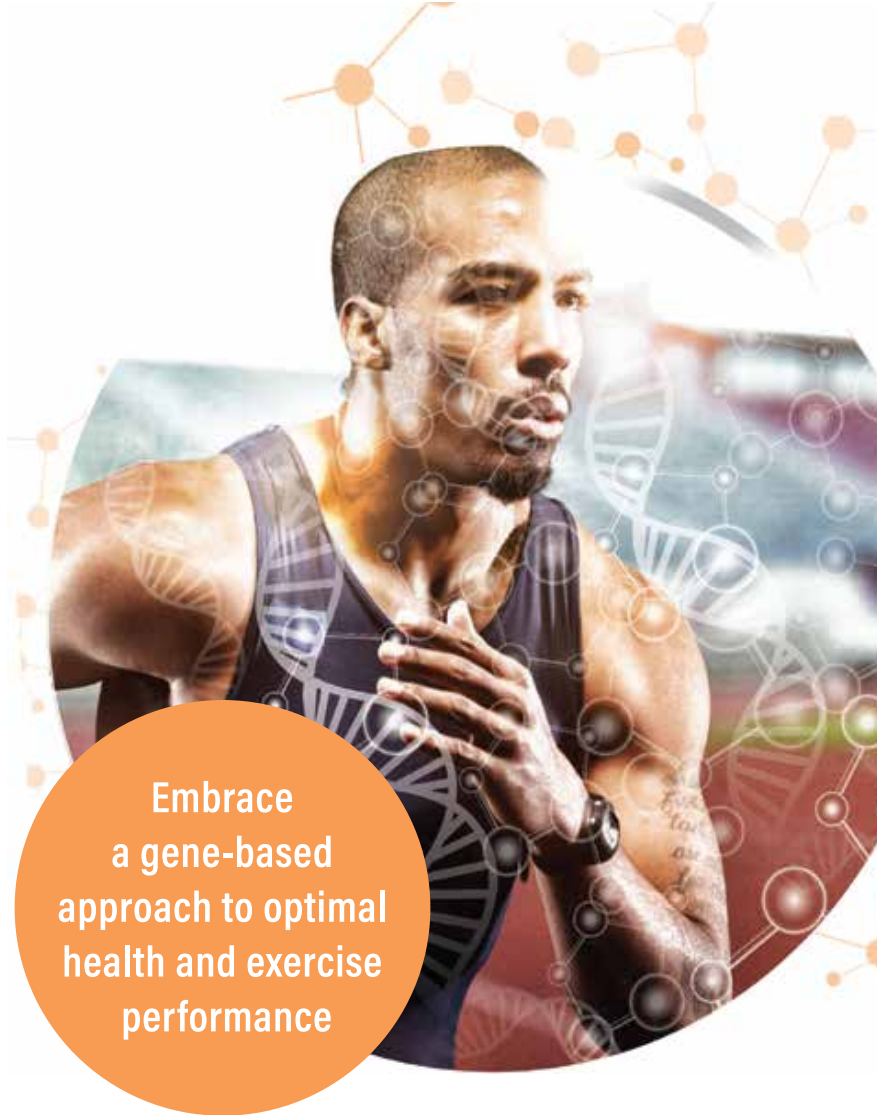


**DNA Sport tests genetic variants that influence injury risk, recovery, as well as power and endurance performance.**

Results provide insight into various biological areas that impact training responsiveness and sporting performance, optimal exercise selection, and injury and recovery strategies.

### Who needs this gene panel?

- Elite or Recreational Athletes
- People looking to maximize their fitness potential
- People who injure easily
- People not seeing results from their current routine
- People searching to find their endurance vs. power potential



**Embrace  
a gene-based  
approach to optimal  
health and exercise  
performance**

### DNA Sport reports on the following areas:

- structural integrity of soft tissues
- inflammation & oxidative stress
- blood flow: blood pressure & oxygenation
- cardiopulmonary capacity
- energy during exercise
- fuel during exercise
- caffeine metabolism
- muscle fiber type and bone composition
- endurance/aerobic capacity
- power/strength potential

